

## **Leadership Programs at Brigadoon**

Bring your Student Council or Leadership Class for a retreat surrounded by nature! Our programs focus on building connection and community in our participants, helping them to develop their skills, and enjoying an experience full of fun and laughter in the midst of our beautiful scenery!

Our Leadership Program offerings put a unique spin on the skills young leaders of tomorrow will need in order to thrive. These topics include, but are not limited to:

- Listening skills
- Conflict resolution
- Group facilitation skills
- Effective communication
- Empathy and compassion
- Supporting people through struggles
- Creating positive culture



We are happy to offer any of our existing skill-building sessions above, or to work with you to create a curriculum which will fit the exact needs of your class/group. We can help support your young leaders to take on roles in a wide range of environments and help them to become people others look up to. Mix in some of our fun program offerings, end each day with a campfire, and you'll have the recipe for an experience your students will treasure for years to come!

Our programs will give students an opportunity to work together collaboratively, to show empathy to their peers, challenge themselves to step outside of their comfort zones, increase their respect for and comfort in nature, and try activities they may have never tried before! Each activity we offer will leave participants feeling more confident and more connected to one another.

## Our recreational activities include, but are not limited to:

- Art (arts & crafts, nature art, pottery)
- Archery
- Canoeing
- Climbing Wall
- Cooking
- High Ropes Challenge Course

- Fire Building
- Giant Swing
- Hiking
- Kayaking
- Nature Education
- Shelter Building
- Swimming
- Team Building



## Trips of any length

Groups are welcome to join us for an afternoon, a day, an overnight stay, or a week! Our beautiful facility includes 5 state-of-the-art cabins which hold up to 30 people in each. 2 of our 5 cabins are also available in the winter.

## **Delicious food**

Our incredible kitchen team, led by our Red Seal chef are experts at producing delicious food that kids love and can even cater to a wide range of dietary needs, since that's what we do! We eat 6 times a day at Brigadoon, with a snack in between each meal. Groups are also welcome to bring packed lunches if that suits you better!

If an onsite program isn't the best fit for you, reach out to learn more about our Bring Brigadoon To You program!