



Parent/Guardian Information Package

Thank you for your support in this trip. The role of the parent/guardian is hugely important to the success of the trip. By participating in the experience, your child will enrich their relationships with other students as well as their teachers and their school.

About Brigadoon Village

Brigadoon Village is a non-profit year-round recreational facility which has been designed specifically to meet the needs of children and youth living with health conditions and other life challenges in Atlantic Canada. During the summer months, we operate a residential camp program designed to give camp opportunities to children and youth who might not otherwise be able to enjoy a sleepaway camp experience. Brigadoon passionately transforms the lives of our campers, ensuring that they have a place where they can get back to being kids – not patients, not charts of symptoms, just kids. We give extraordinary kids a chance to be ordinary. Late June-End of August is reserved for our summer camp programs, while we are open for site rentals and group bookings throughout the school year. Proceeds from our Outdoor Centre go towards supporting Brigadoon's summer camp programs. The Brigadoon Outdoor Centre Staff do not have access to summer-camper registration files and information. If your child has any specific needs or requests, that information should be forwarded through the teachers on the trip.

Communication

Cellular service on site and in the cabins is limited. Cell phones are not to be used during program times, please ask the lead teacher what the cell phone policy is for the trip as a whole. Please contact the school if you need to get into contact with anyone on the trip. After school hours, please contact the Lead Teacher directly.

Accessibility

Our facilities are wheelchair accessible and are equipped with gender-neutral washrooms in the cabins and the dining hall. Please indicate any additional accommodations requested on the last page of this information package.



Food

Catered Programs

If you know someone who has stayed at Brigadoon before, we can guarantee that they raved about the food! Our Red Seal Executive Chef, Dianne Kendall, creates a menu that extends above and beyond traditional camp meals.

If you have dietary requirements or preferences, please let us know on the last page of this package. We are able to meet a wide range of needs and preferences including vegetarian, vegan, gluten-free, ketogenic and beyond. All meals are healthy, shellfish free, and nut free.

We eat 6 times a day and there are always other snacks available in addition to that to ensure nobody goes hungry at Brigadoon! Due to the populations we serve please do not send any other food to the site.

Brigadoon is a safe space for all and having unknown food items on site puts others at potential risk and invites pests into the cabins.

Programs bringing their own lunch

If your class has been instructed to bring their own food, please make sure that it is nut and shellfish free. A microwave is available on site for participant use.

Typical Schedule

(the actual schedule will vary trip to trip)

7:45 Polar Bear Dip

8:30 Breakfast

9:30 Program Rotation

10:30 Snack

10:45 Program Rotation

11:45 Break

12:00 Lunch

1:00 Free time

2:00 Program Rotation

3:00 Snack

3:15 Program Rotation

4:30 Free Choice

5:30 Supper

6:30 Evening Program

7:30 Campfire

8:15 Snack

Late Night Program

9:00 Program finished for the day

*Bedtime determined by chaperones



Opening Ceremonies –

Brigadoon Staff will go through the important rules and expectations and also lead the group in warm-up activities designed to get you moving, connecting with others and set the tone for the remainder of the trip.



Activities with Activity group – The student will be placed into a smaller group of 12-15 students, a Brigadoon Staff and one teacher/chaperone. The student will participate in a variety of activities throughout the trip with this group and make connections with group members.

Large Group Games – There may be times where all the students, teachers, chaperones, and Brigadoon Staff come together to participate in a camp-wide activity.

Mealtimes – Students are expected to follow the same guidelines they follow at school during meals.

Every student will have the opportunity for 'firsts' then the students will be invited up for seconds and thirds if available. If the student has dietary restrictions, please let us know on the last page of this package. We are able to meet a wide range of needs and preferences including (but not limited to) vegetarian, vegan, gluten-free, and ketogenic. During meals, the student should identify them self by name and diet to the kitchen staff and they will ensure the student receives food that is appropriate. Any special diets, not identified in advance of arrival, may not be possible to meet.



Free time and Nighttime– Free time is an important part of the program. Allowing students time to share, rest and take a break is essential to the success of the program. The Lead Teacher will communicate expectations for these times.

Packing List

Most of what we do at Brigadoon Village takes place outside. Please be prepared to be comfortable being outside in all kinds of weather and to bring clothes that you don't mind getting dirty.

Overnight Trips

- ☐ Water Bottle with name on it (to be carried at all times)
- ☐ Sweatshirts
- ☐ T-shirts
- ☐ Long pants
- ☐ Underwear
- ☐ Socks (many)
- ☐ Toque (it often gets cold in the evening)
- ☐ Running Shoes (close toed shoes must be worn at all times)

- ☐ Raincoat
- ☐ Rain pants
- ☐ Rain boots
- ☐ Sleeping bag or single bedding
- ☐ Pillow
- ☐ Flashlight
- ☐ Toiletries (please ensure there are no nut-ingredients in toiletries)
- ☐ Towel

Day Trips

- ☐ Water Bottle with name on
- ☐ it Change of clothes
- ☐ Outdoor shoes



Spring or Fall

- ☐ Shorts
- ☐ Baseball cap or other hat for sunny weather
- ☐ Bathing Suit
- ☐ Sunscreen
- ☐ Bug Repellent

Winter

- ☐ Winter Coat
- ☐ Snow pants
- ☐ Winter Boots
- ☐ Gloves/mittens
- ☐ Scarf
- ☐ Indoor shoes/or slippers for the

Please DO NOT bring

- ☐ Knives or tools
- ☐ Lighters or matches
- ☐ Valuables and electronics
- ☐ Food/drink of any kind

Please review the following documents and return them to the Lead Teacher as soon as possible. Any questions should be directed to the Lead Teacher.

The Brigadoon Outdoor Centre Staff do not have access to summer-camper registration files and information. If your child has any specific needs or requests, medical or otherwise, that information should be forwarded through the teachers on the trip using this form.